



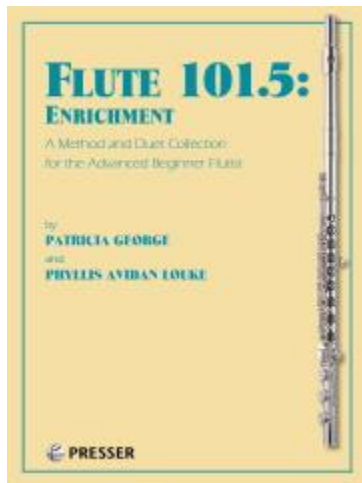
## Flute 101.5: Enrichment by Patricia George and Phyllis Avidan Louke (2022, Theodore Presser Company)

Information provided by Phyllis Avidan Louke

About Phyllis and Patricia - <https://fabulousflute.com/about-us/>

A list of their publications - <https://fabulousflute.com/our-publications/>

Flute 101.5: Enrichment is available at most music stores, [www.fabulousflute.com](http://www.fabulousflute.com) and flute specialty stores such as Carolyn Nussbaum Music and Flute World.



**Flute 101.5: Enrichment**, the latest publication by Patricia George and Phyllis Avidan Louke, is a flute method and duet collection for the advanced beginner published by Theodore Presser Company. It is a bridge between any beginning flute or band method book and *Flute 102: Mastering the Basics* (an intermediate flute method book by Patricia George and Phyllis Avidan Louke) and can also serve as an enrichment book for flutists advancing through *Flute 101: Mastering the Basics* or any other method.

Many flute students do not begin private flute lessons until they have been playing in school band programs for a year or more. While many students are ready for an intermediate flute method at that time, many have limited experience with fingerings in the third octave or have gaps in their understanding of some basic musical concepts such as 6/8 meter, pick-up notes, dotted rhythms, and syncopation and playing in keys with sharps. In my personal teaching studio, I would check new students for understanding of these concepts and start them part way through the beginning flute method *Flute 101: Mastering the Basics* by Phyllis Avidan Louke and Patricia George.



After receiving several requests for an “in between” flute method, we reimagined the layout for *Flute 101.5*. As in *Flute 102*, the layout is organized by key signatures, predominantly through 4 flats and 4 sharps, but taking students through one-octave scales in the rest of the keys. The range of *Flute 101.5* is from C1 to G3. Scales are organized with tetrachords shown on a Circle of

Fifths, which will aid in learning all 12 major scales. Lifting the first finger on D2 and Eb2 is stressed using rhythmic variations throughout the book, and several exercises are repeated in different keys. Tone exercises and warm-ups using harmonics and variations are found throughout the book, as well as an excellent sequence over several lessons introducing vibrato. Great care is taken to encourage to develop fluency and speed in playing notes, rather than playing one.note.at.a.time. Several extended techniques such as flutter tonguing, multiphonics, pitch bends, etc. are introduced, as well.

*Flute 101.5: Enrichment* is constructed of 12 lesson groups, each with three parts (1A, 1B, 1C, 2A, 2B, 2C, etc.). Each related section (1A, 2A, 3A, etc.) has similar exercises but with subtle changes and development. These changes teach the flutist to pay attention to details such as note-length, rhythmic modifications, and melodic development. The first four exercises in each A lesson are to be used as a warm-up for the B and C lessons that follow. The 12 three-page lessons cover all 12 major scales, starting with F Major, going around the Circle of Fifths. In addition, there is a “Review” page preceding five of the lessons, which is an opportunity to review, teach or re-teach these important concepts:

Lesson 3. Review: Three Fingerings for Bb

Lesson 4. Review: Pick-Up Notes

Lesson 5. Review: Dotted Notes in Simple Meter

Lesson 6. Review: 6/8 Meter

Lesson 8. Review: Syncopation.

**About Teaching and Playing the Flute:** At the beginning of the book, there is important information about flute alignment, hand and body position, and stance while playing. Four pages of photographs are included. In addition, following the 12 lessons, there are 17 Duets to supplement lessons, as well as 15 Teacher and Student Resource Pages, which include additional information, supplementary exercises, worksheets, etc. designed to accommodate a variety of learning styles. Curriculum is progressive throughout the book; new skills are repeated with variations, taking each skill to another level.



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